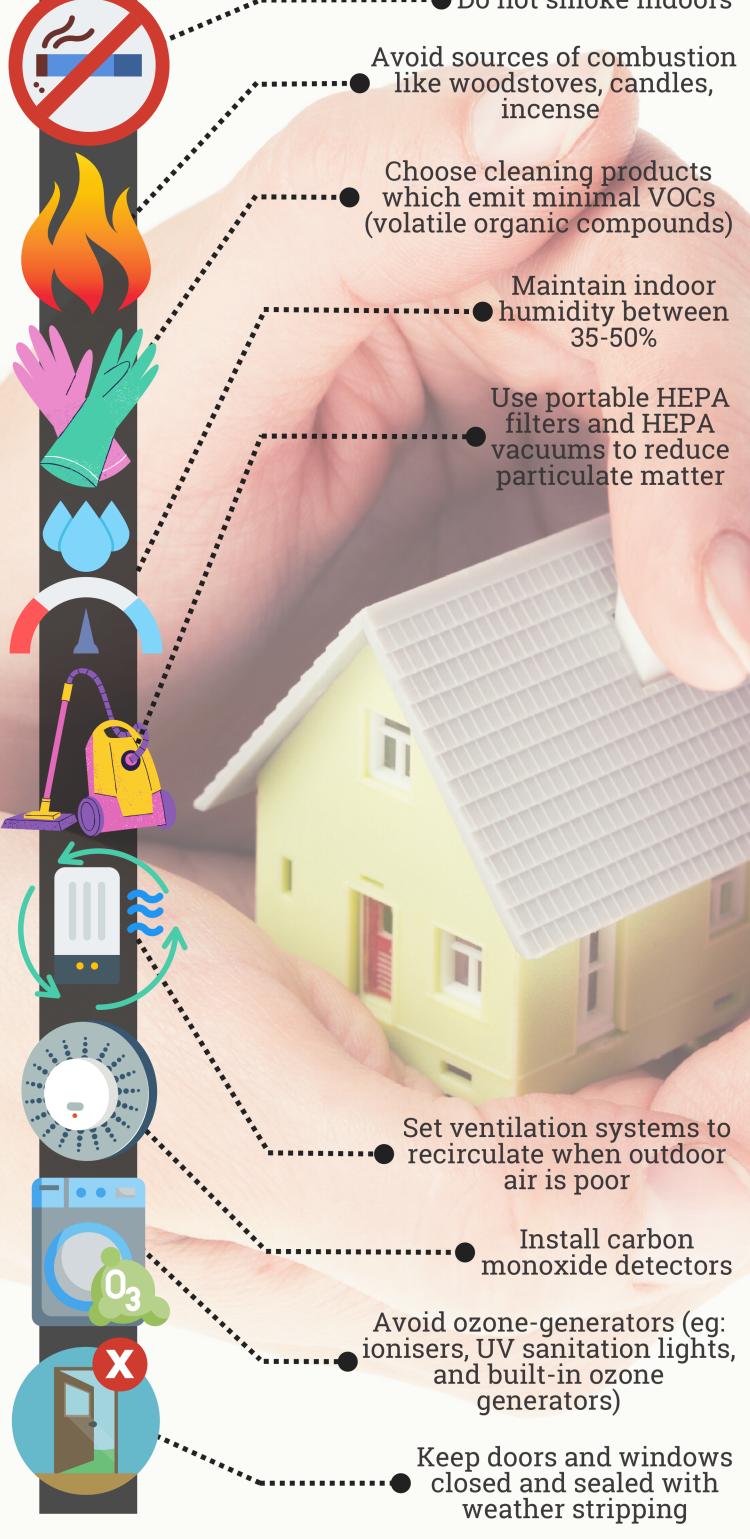
## PROTECT YOUR INDOOR AIR FROM OUTDOOR POLLUTANTS Do not smoke indoors Avoid sources of combustion like woodstoves, candles, incense Choose cleaning products which emit minimal VOCs (volatile organic compounds)



TO SEE YOUR LOCAL OUTDOOR **AIR QUALITY, CHECK:** 

Air Quality Health Index